

## **COURAGE QUOTES**

**Courage is being scared to death -- and saddling up anyway.**

**- John Wayne**

**Life shrinks or expands in proportion to one's courage.**

**- Anaïs Nin**

**Perhaps all the dragons of our lives are princesses  
who are only waiting to see us once beautiful and brave.**

**- Rainer Maria Rilke**

**To be driven by fear is like dying inside.**

**- Sharon Salzberg**

**The universe will reward you for taking risks on its behalf.**

**- Shakti Gawain**

**He who loses wealth loses much;  
he who loses a friend loses more;  
but he who loses his courage loses all.**

**-Miguel de Cervantes**

**Start by doing what's necessary; then do what's possible;  
and suddenly you are doing the impossible.**

**- St. Francis of Assisi**

**Everything that is worthwhile in life is scary...if it is not fearful, it is not worthwhile.**

**- Paul Tornier**

**To fight fear, act. To increase fear - wait, put off, postpone.**

**David J. Schwartz**

**Ships in harbor are safe, but that's not what ships are built for.**

**- John Shedd**

**It's not because things are difficult that we don't dare ~  
it's when we don't dare that things become difficult.**

**- unknown**

If you hear a voice within you say, "you cannot paint," then by all means paint,  
and that voice will be silenced.

- *Vincent Van Gogh*

What lies behind us and what lies before us are tiny matters  
compared to what lies within us.

- *Ralph Waldo Emerson*

Conditions are never just right.  
People who delay action until all factors are favorable  
are the kind who do nothing.

- *William Feather*

Determine that the thing can and shall be done, and then we shall find the way.

- *Abraham Lincoln*

Do not fear death so much, but rather the inadequate life.

- *Bertolt Brecht*

Courage does not always roar.  
Sometimes, it is the quiet voice at the end of the day saying,  
"I will try again tomorrow."

- *unknown*