

"Great that I am around!"

Thorge Lorenzen is a motivational trainer, actor, banker and student. In his self developed training workshop he helps other students to find their lifetime goals.

Thorge Lorenzen was unhappy. He hated his apprenticeship at the bank. "This can not be it", he told himself. "This can not be all that's out there for me!" He knew: "Positive thinking alone would not be enough." Therefore he took action, went to the USA and trained as an actor. His goal - Hollywood. Even if his friends and acquaintances did not burst out laughing straight away, they at least smiled at him in irony. But Lorenzen, now 26 and international business student in Schwenningen, Germany, did not pay attention to them. He made his dream come true and finally got a part in a movie with mega star Robin Williams. In "What dreams may come" he got to play a wedding guest. Only a small part, but a Hollywood movie! "I did it!", Thorge Lorenzen remembers. From then on his whole life changed. Whatever he started, it worked. He had proved to himself that it was possible to reach goals that others thought were impossible to reach. From then on most things happened by themselves.

Half -days he worked as a regional management assistant, the other half he jobbed as an actor and producer's assistant at the German movie studios in Berlin Babelsberg. "Wolffs Revier", "Dr. Stefan Frank" and "Fuer alle Faelle Stefanie" are very popular German TV series, in which Thorge Lorenzen landed parts. He never dreamt of a really big career in front of the camera, but acting is one thing he loves doing and so he does it. And of course it is a great student job. One day of shooting fills the empty student pockets for a while.

But the young man focused on his studies of international business management, without ever losing focus of the important visions in his life. Therefore he sat down, and during his first semester holidays developed a concept that gave life to his great idea. He developed a motivational training mainly for students, a workshop, in which Lorenzen can help his fellow students to find their perspective in their life and career. In this one day seminar, he presents a self-developed workbook to his participants which should serve as an eye opener.

Motivation is a very personal issue: You have to want to reach something yourself, and first of all you have to know what goals and objectives you want to reach. At some time or other in life, everyone has to try and clarify their ideas, says Lorenzen. "Otherwise our daily routine takes over and will take away all our perspectives."

In this respect motivation can be trained. Here training is as important as it is in sport: "Whoever gets up after a couple of sit-ups at the gym and thinks he now has a six-pack, is badly mistaken" compares Thorge Lorenzen. The motivation training student has to think positively constantly and has to learn to acknowledge himself. "Great that I am around!" - this understanding is the basis for any goal oriented action. Only those who are able to appreciate themselves will be able to follow their dreams successfully, explains motivator Lorenzen.

The principle of self motivation more or less equals the manic behavior of the hypochondriac. It's just the other way round: if the hypochondriac who tells himself that he is permanently sick eventually falls sick, a motivated person can suggest to himself that he can reach his goals easily, if he works towards them constantly. The acknowledgement of prior successes encourage and energize him on the way.

Thorge Lorenzen trusts in the power of thoughts. They are, in contrast to our physical powers, unlimited. A person who thinks starts to dream and develop desires that can be fixed in goals.

"Those who have a goal can start on the path which leads towards it", says Lorenzen. You definitely have to work at it: "No effort equals no success."

The 26 year old has his goals clearly in mind: "Next step is to put my motivational training experiences down in a book" he says. After he graduates he dreams of a career as a motivational trainer. His first priority however is not to make a lot of money. "Success", philosophizes Thorge, only means living your life in your own way and making your dreams and visions come true."

The person who enjoys the work he does in order to make a living is successful. The person who is successful is also happy! Like Thorge Lorenzen: the unhappy bank clerk from then now goes his way. He seems to know his path precisely.